**Javelin 2021Puget Sound Meal Plan - Actual**

**Friday, August 14, – Friday, September 3, 2021**

Note: Items in Red are different from Original Plan

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Date** | **NM** | **Breakfast** | **Lunch** | **Night Location**Waggoner page no. (2019) | **Dinner** | **Crew** | **Meals****B|L|D** |
| Sat 8/14 |  |  |  | Bellingham | Spaghetti & Meatballs + Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sun 8/15 | 16 | Yogurt | Sandwiches – Ham | **Anacortes Cap Sante Marina**(176) | Salmon, Corn on Cob, Tomato & cucumber Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Mon 8/16 | 31 | Cereal & Fruit | Sandwiches – R.B. | **Port Townsend Point Hudson**(155) | **Doc’s Marina Grill (Seafood)** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Tues 8/17 | 36 | Eggs/Kielbasa/ Biscuits | Chinese Lunch  | **Pleasant Hbr Marina**(142) | Paul’s Lasagna & salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Wed 8/18 | 46 | French Toast &Smokies | Sandwiches – PB&J | **Shilshole Bay Marina**(121) | Leftover Lasagna | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Thurs 8/19 | 33 | Cereal & fruit | 4 Bean Soup, Kilbasa, Crackers  | **Shilshole Bay Marina** after Lake Washinton tour | Salmon over rice and Green beans | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Fri 8/20 | 48 | E. muffins PB/Jam | Tomato Soup & Leftover Lasagna Noodles | Jarrell Cove on mooring | Pork Chops on grill, Mashed Potatoes and Mixed Veg. | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sat 8/21 | 8 | Eggs & Kielbasa | Olympic Seafood Chowder | Gallagher Cove at anchor | Spaghetti & Meatballs, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sun 8/22 | 28 | Yogurt & fruit | Tuna Salad Sandwiches | **Gig Harbor Arabella’s Lnd.** (104) | **Tides Tavern** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Mon 8/23 | 29 | Oatmeal & fruit | **Keyport Mercantile & Deli** | **Poulsbo Marina**(135) | Paul’s Chili, Rice, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Tues 8/24 | 48 | Stiv’s Bakery donuts | Leftover Chili | **Oak Harbor Marina** (163) | Grilled Chicken & Mixed Veg | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Wed 8/25 | 29 | Yogurt | Sandwiches – Ham | Lopez Sound at anchor Hunter Bay | Pork Loin on grill, Mashed Potatoes, Mixed Veg. | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Thurs 8/26 | 24 | French Toast & Meatballs | Clam Chowder & crackers | “Reid Hbr/ Stuart I at anchor (224) | Chicken Curry, Cole Slaw | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Fri 8/27 | 16 | French Toast & Smokies | Sandwiches – Ham | Sucia Island at anchor (221) | Shrimp, Brie, Apples & crackers | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sat 8/28 | 35 | Eggs, onions, celery, cheese, Biscuits | Tuna Salad Sandwiches | Blind Bay | Spaghetti & Meatballs, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Sun 8/29 | 20 | Yogurt | Sandwiches – Ham | **Port of Friday Hbr.**(207) | FreshSalmon & Mixed vegRe-provision: Kings Market | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Mon 8/30 | 11 | Cereal, fruit & E. Muffins | 4 Bean Soup, ½ portion meatballs | **Roche Harbor**(211) | **Madrona Bar & Grill** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Tues 8/31 | 5 | Yogurt | Sandwiches – Ham | Garrison Bay – LunchSpencer Pt. at anchor | Grilled Chiicken, Salad | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Wed 9/1 | 20 | Oatmeal & fruit | Chinese Lunch  | **Rosario Resort** (218) | **Mansion – Captain’s Dinner** | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Thurs 9/2 | 22 | Eggs, ½ meatballs | Sandwiches – Ham | Bellingham | Cheese, crackers, chips, dip +Paul & Jess at Nicki’s Bella Marina Bar & Grill | SDB,RVM,PW, JG | 4 | 4 | 4 |
| Fri 9/3 |  | Oatmeal & fruit | Off loaded at 0937Lunch at SEA |  |  | SDB,RVM,PW, JG | 4 | 4 |  |

 (**Bold = Confirmed**) (**Bold = Ashore**)

Numbers after ports (xxx) are the 2020 Waggoner page numbers for the port.